

The quick guide to NICE guidance and CAMHS

About NICE Guidance

The National Institute for Health and Clinical Excellence is the organisation responsible for providing national guidance on promoting good health and preventing and treating ill health. NICE produces guidance in three major areas:

- Clinical guidelines – recommendations by NICE on the appropriate treatment and care of people with specific diseases and conditions within the NHS. They are based on the best evidence. While clinical guidelines help health professionals in their work, they do not replace their knowledge and skills.
- Technology appraisals – recommendations on the use of new and existing medicines and treatments within the NHS.
- Public health guidance – this is for those working in the NHS, local authorities and the wider public and voluntary sector. Public health intervention guidance makes recommendations on clear activities (interventions) to promote a healthy lifestyle or reduce the risk of developing a disease or condition. Public health programme guidance deals with broader activities for promoting good health and preventing ill health.

NICE has issued a range of clinical guidelines, technology appraisals and public health guidance of relevance to mental health services with more currently in development. Some are aimed solely at age groups between 0-18, covered by CAMHS, whilst others cover birth to old age.

The technology appraisals have a relatively narrow focus looking at either one intervention (single technology appraisal, STA) or a group of related interventions (multiple technology appraisal, MTA). The implementation of technology appraisals is mandatory, generally over the three months following publication.

By contrast the clinical guidelines cover wider issues of clinical practice and service delivery in relation to different conditions. The guidelines are more developmental in vision with an expectation that it may take time to fully implement all the recommendations. The guidelines also include recommendations from relevant technology appraisals.

The public health guidance is a newer development for NICE and likely to involve partnership working with a number of other agencies.¹

¹ More detail at: <http://www.nice.org.uk/Guidance/CG/Published>
Quick guide created February 2008, updated July 2008

Overview of guidelines and technology appraisals affecting CAMHS²

National Workforce Programme Child and Adolescent Mental Health

PUBLISHED CLINICAL GUIDELINES				
NO.	TITLE	AGE RANGE	ISSUE DATE	REVIEW
CG 38	Bipolar disorder management of bipolar disorder in adults, children and adolescents in primary and secondary care	Full age range	July 2006	July 2010
		http://guidance.nice.org.uk/cg38		
CG 28	Depression in children identification and management of depression in children and young people in primary, community and secondary care	5 – 18 yrs	September 2005	September 2009
		http://guidance.nice.org.uk/CG28		
CG 9	Eating disorders core interventions in the treatment and management of anorexia nervosa, bulimia nervosa and related eating disorders	8 years +	January 2004	TBC
		http://guidance.nice.org.uk/CG9		
CG 31	Obsessive-compulsive disorder core interventions in the treatment of OCD and body dysmorphic disorder (BDD)	Full age range	September 2005	November 2009
		http://guidance.nice.org.uk/CG31		
CG 26	Post-traumatic stress disorder (PTSD) management of PTSD in adults and children in primary and secondary care	Full age range	March 2005	March 2009
		http://www.nice.org.uk/Guidance/CG26		
CG 1	Schizophrenia core interventions in the treatment and management of schizophrenia in primary and secondary care	Working age adults	December 2002	Current
		http://www.nice.org.uk/Guidance/CG1		
CG 16	Self-harm short-term physical and psychological management and secondary prevention in primary and secondary care	Full age range	July 2004	July 2008
		http://guidance.nice.org.uk/CG16		
CG 25	Violence short-term management of disturbed/violent behaviour in psychiatric in-patient settings and emergency settings	16 years +	February 2005	February 2009
		http://www.nice.org.uk/Guidance/CG25		

² In the interests of manageability this overview is not exhaustive and does not include arguably relevant guidelines on alcohol or ante and post natal care.

CLINICAL GUIDELINES IN DEVELOPMENT				
NO.	TITLE	AGE RANGE	EXPECTED	REVIEW
W 10	Attention deficit hyperactivity disorder (ADHD) pharmacological and psychological interventions in children, young people and adults	All ages	February 2008	4 years
http://www.nice.org.uk/guidance/index.jsp?action=byID&o=11632				
W 15	Autism in children and adolescents recognition, referral and diagnosis in children and adolescents	TBC	February 2011	4 years
http://www.nice.org.uk/guidance/index.jsp?action=byID&o=11826				
W 12	Personality disorders - borderline Early identification, clarification and confirmation of diagnostic criteria, treatment pathways	All ages	January 2009	4 years
http://www.nice.org.uk/guidance/index.jsp?action=byID&o=11651				

PUBLISHED TECHNOLOGY APPRAISALS				
NO.	TITLE	AGE RANGE	ISSUE DATE	REVIEW
TA 98	Attention deficit hyperactivity disorder methylphenidate, atomoxetine and dexamfetamine (review)	0-18	March 2006	March 2009
http://www.nice.org.uk/Guidance/TA98				
TA 102	Conduct disorders in children parent-training/education programmes	12 years and under	July 2006	September 2007
http://www.nice.org.uk/Guidance/TA102				
TA 97	Depression and anxiety computerised cognitive behaviour therapy (CCBT)	All ages	February 2006	September 2008
http://www.nice.org.uk/Guidance/TA97				
TA 43	Schizophrenia atypical antipsychotics	Working age adults	June 2002	May 2005
http://www.nice.org.uk/Guidance/TA43				

PUBLISHED PUBLIC HEALTH INTERVENTION GUIDANCE				
PH 4	Interventions to reduce substance misuse among vulnerable young people helping young people access support & services, effective individual, family & group support	25 years and under	March 2007	March 2010
		http://www.nice.org.uk/guidance/index.jsp?action=byID&o=11379		
PH 7	School-based interventions on alcohol encouraging children not to drink, delaying the age of drinking onset, reducing harm caused	School age	November 2007	TBC
		http://www.nice.org.uk/Guidance/PH7		
PH 12	Social and emotional wellbeing in primary education protect children against emotional and behavioural problems, violence and crime, pregnancy, misuse of drugs & alcohol	4-11 TBC	December 2007	
		http://www.nice.org.uk/Guidance/PH12		

PUBLIC HEALTH INTERVENTION GUIDANCE IN DEVELOPMENT				
W 16	Promoting the social and emotional wellbeing of young people in secondary education	11-18 TBC	July 2009	TBC
		http://www.nice.org.uk/guidance/index.jsp?action=byID&o=11883		

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